

Children's activities

Activities for Sunday schools

Activity 1: Song

The official language of Tanzania is Swahili. Here is the familiar song *Frère Jacques* in Swahili.

Eh Yakobo,
Eh Yakobo,
Walala?
Walala?
Amka twende shule
Haya njoo,
Haya njoo.

English translation:

Hey, Jacob,
Hey Jacob,
Are you sleeping?
Are you sleeping?
Wake up, let's go to school
Ok come,
Ok come.

Activity 2: Crocodile game

This game is called crocodile (*mamba* in Swahili). This is a kind of tug of war. There are three teams. The first two teams pull a rope with a loop at each end in opposite directions. The aim is to pull the rope past a wooden stake placed in the ground behind them and place their loop over the stake. The crocodile (third team) then plays the winning team, while the losing team becomes the crocodile.

Activity 3: The 'How many?' game

This game is played with small items, such as stones (you could use seeds or beads). Each player starts with about 20 of the items. One player chooses between one and four stones to hide in his hand, while the other players guess how many items have been hidden. If you guess correctly, you win a stone. If you guess the wrong number, you must give up one of your stones. The person who wins goes next.

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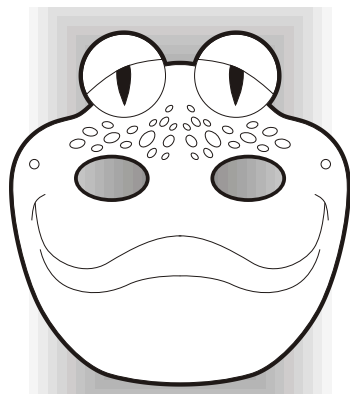
Activity 4: Paper maché fruit and vegetables

The following fruit and vegetables are grown in Tanzania: peaches, passion fruits, pineapples, pears, bananas, cabbage, okra, spinach, tomatoes.

- Find some pictures of these fruits to make a collage.
- Make paper maché fruit and vegetables. Use scrunched-up paper to make the basic shapes. Then cut up old newspapers into small strips. Use a mixture of flour and water to make a paste to attach the strips to the scrunched-up paper shapes. Build up layers of paper to form realistic fruit and vegetable shapes. Leave to dry and paint in bright colours. Make a basket from cardboard to present your 'harvest'.

Activity 5: Animal masks

These are some of the animals that are found in Tanzania: black rhino, chimpanzee, African elephant, cheetah, lion, hippo, leopard, zebra, frog. Use the animal face templates in this section of the USPG website to create masks. Alternatively, ask the children to create their own. Then find out something about that animal. Make a frieze to display your masks, perhaps adding some facts and figures.



Activity 6: Messy models

Mix breadcrumbs with pva glue to make a kind of dough which you can then use for modelling. Children could model something they could give this Harvest time. Models will harden in 2-3 days and can then be painted with acrylic paints or permanent markers.

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Activity 7: Learn to count in Swahili

Learn to count from one to ten in Swahili, the official language of Tanzania:

- 1 = moja
- 2 = mbili
- 3 = tatu
- 4 = nne
- 5 = tano
- 6 = sita
- 7 = saba
- 8 = nane
- 9 = tisa
- 10 = kumi

Complete the wordsearch by finding the spellings of Swahili numbers written out above:

b	k	l	d	l	m	v	n	t	E
a	s	f	j	m	o	j	a	a	x
q	u	f	g	b	s	p	n	n	e
o	m	o	s	i	z	g	e	o	j
d	h	k	l	l	z	e	r	y	i
c	b	m	s	i	t	a	z	f	x
e	t	s	u	g	i	k	u	m	i
w	t	a	t	u	s	q	g	k	p
v	y	b	n	u	a	z	f	r	u
b	l	a	m	p	y	x	r	m	l